



iSTART2016 was held on 27th and 28th August 2016 at Hotel J W Marriot, Sahar, Mumbai , which was attended by nearly 60 delegates from all over India, the programme was organized by Epilepsy Foundation and NGO under the aegis of Neurorehab Subgroup of IAN who has now 62 active members and nearly 20 of them were present in this meeting.

The inauguration was done by Prof Francisco Gerrard and Gagandeep Singh, secretary IAN in presence of Dr. Nirmal Surya, chairman Epilepsy Foundation and Dr Abhishek Shrivastav and D. A. Palande, directors IFNR.

The iSTART oration was given by Prof. Subhash Kaul, President IAN and chaired by Prof. A. V. Srinivas, president elect IAN and Prof C. S. Meshram, past president IAN .

The full report of the sessions is as follows:

Managing Spasticity

Managing spasticity is an important part of the Neurorehabilitation process.

It is now realized that it is an essentially multidisciplinary process is involves importance of Goal Setting, Accurate Assessment, Optimum Dosage, role of Physiotherapy are critical.

Dedicated and specialized inputs from a variety of sub-specialties including the Neurologist, The Psychiatrist, The Physical Therapist, the occupational, Therapist and in case of paediatric patients, also the Paediatrician, the Speech therapist, the Behavioural therapist, the orthotician...and so forth!

iSTART program provided an unique platform where we get to interact with people across various disciplines

'iSTART 2016' program, we are glad to inform that **71 % of the participants rated the program as Excellent 29% rated very good.**

The most liked discussions were Evaluation and Goal Setting, Hands on Training, Round Table Panel Discussion, PSS Check List and Future of Botox

i-START Objectives:

To spread awareness among Key Neurologist and Psychiatrist on following areas

- Patient assessment and counselling
- Right Patient selection and Goal setting with evaluation of patient of stroke

- Importance of Multidisciplinary teams in Post stroke management
- Injection techniques on Botulinum Toxin A in ULS
- The right time to introduce Botulinum Toxin in ULS

Overview of iSTART 2016: Inauguration



Future of Botulinum Toxin and Spasticity by Dr Gerard E Francis



Role of Multidisciplinary teams in Post Stroke Management by Dr Nirmal Surya



Oration by Dr Subahsh Kaul



Panel Discussion on Multidisciplinary Approach:



Live patient assessment and Hands on Sessions for delegates

