IFNRCON 2019

7th Annual Conference of
INDIAN FEDERATION OF NEUROREHABILITATION
in Association with NEUROREHAB SUBGROUP of Indian Academy of Neurology

19th - 21st April, 2019

REPORT
Dear Members,

Indian Federation of Neurorehabilitation (IFNR), the umbrella body of all experts involved in Neurorehabilitation in the country, held its 7th annual conference from 19th to 21st April 2019 at Mumbai Education Trust, Bandra West, Mumbai. This conference was held jointly with the Neurorehabilitation sub-group of the Indian Academy of Neurology (IAN).

The conference was attended by more than 300 delegates and had national and international faculty, of around 100, who conducted various workshops, lectures, debates and interactions. The conference saw representation and participation from almost all the professionals who are involved in patient care and neurorehabilitation like Neurologists, Neurosurgeons, Physical Therapists, Speech and Swallow Therapists, Occupational Therapists, Clinical Psychologists, Music Therapists etc.

Workshops were organized on the first day of the conference and attracted participation of professionals of varied field, who were keen on learning from experts in these hands-on workshops. Workshops covered wide ranging topics like

1) Neurocognition
2) Motor Rehabilitation
3) Speech & Swallowing
4) Parkinson’s Disease Rehabilitation
5) Early Rehabilitation
6) Assistive Technologies

Apart from these workshops a full day iSTART Training Programme was conducted which included live Botox injection to patients with post-stroke spasticity in upper and lower limbs as well as cerebral palsy. This programme witnessed good participation from delegates and saw many students participate in evaluation of the patients and help the experts during live injections. This gave them better understanding of the concepts and this hands-on experience was appreciated by all participants.

Scientific sessions covered almost all aspects of neurological problems / disorders and
disability from pediatric to adult to old age. Special sessions were organized on Multiple sclerosis and present and Future of Neurorehabilitation in India. These sessions gave insights on the current status and future trends in neurorehabilitation and gave delegates the knowledge about areas that need to be focused on that have tremendous potential for improving quality of patient care in the coming years.

Some salient features of this year’s conference were:

Around 90 Oral Presentations, Posters and E-Posters presented by students and researchers, of which 2 Best Oral Presentations, 2 Best Posters and Best E-Posters won Certificate and Cash Award
10 Winners of the IFNR Young Fellowship Award which includes Certificate and Cash Award
International lectures through video link by experts from Hong Kong, Middle East and Europe
Patient forums and support groups, where patients with disability like Movement Disorders, Spine Injuries, Epilepsy, Dementia etc shared their problems, success stories and decided to join forces to work for supporting each other and getting their rights

A special word of thanks goes to the Muskaan Charitable Trust which offered scholarships to 50 students by sponsoring 50% of their fees to attend this conference. Their kind gesture enabled deserving students to attend the workshops and conference and gain first hand knowledge from experts.

Overall the conference was well appreciated by all and members went back happy with the learning from the experts and expressed the need for IFNR to take the lead and organize more such events where experts involved in Neurorehabilitation gather under one roof to discuss, learn and then impart better quality of care to the patients.

I also take this opportunity to thank all participants, faculty, delegates and supporting organizations for their support and encouragement which made IFNRCON 2019 a Grand Success!

Dr. Nirmal Surya
President - IFNR
Regional Vice President (South Asia) WFNR
Chair - Developing World Forum SIG, WFNR
Secretary General, Asian Oceanian Society of NeuroRehabilitation (AOSNR)